**Confirmation**

**Holy Redeemer**

**Saint Name**

Background:

So many times when we think of saints the first thing we think of is a halo (no not the video game), but the truth is that saints can’t be reduced to people who walked around the earth with heads that glowed. No! Saints were ordinary people, like you and I, that lived extraordinary lives. The Church says that a saint is someone who possessed “heroic virtue” (Catechism of the Catholic Church #828). Saints are heroes of the faith!

Each candidate will be asked to take on the name of one of the saints at Confirmation. At Baptism, children are welcomed individually into a new life in Christ. Because of the close relationship between the sacraments of Baptism and Confirmation, it is perfectly acceptable for candidates to choose to affirm the saint’s name given to them at Baptism. For example, a candidate named Nick might want to choose St. Nicholas. We also look at Confirmation as a time for the candidate to accept as their own the faith that was given to them by their parents and godparents. For this reason, it is also acceptable for the candidate to choose a saint whose name is unrelated to their given name but whose life will be a model and inspiration for them during their life as a Catholic. The saints the candidate chooses should express something of the candidate’s inner-self, an ideal or goal they are setting for themselves as a Catholic, and should be a reflection of their resolve to live as a disciple of Christ. The name that the candidate chooses will be the name by which they are addressed by the Bishop at the Confirmation ceremony.

The following are requirements for this report:

1. Must be Typed
2. Must be written in your own words
3. 500 words minimum
4. No more then 1-2 paragraphs (250 words maximum per paragraph) about the details of the saint life:
   1. What are the dates of birth and death?
   2. Where was the saint from/where did they do their work?
   3. What are some major/important events in the life of this saint?
   4. What makes this person so holy?
5. The majority of the report should focus on answering the following questions:
   1. How can you relate to this saint?
   2. What qualities did this saint possess that you admire?
   3. What special aspects of the saint’s life would you like to use as an example in your own faith life?

Saint information can be found in parish library, the internet, and books on Saint’s in the catechist. Below are a few trusted websites to check out at well:

[www.lifeteen.com](http://www.lifeteen.com) [www.catholic.org](http://www.catholic.org) [www.newadvent.com](http://www.newadvent.com)